



inside out

A SERMON SERIES IN THE BOOK OF JAMES

MESSAGE NOTES & SMALL GROUP DISCUSSION GUIDE WEEK 3 – SHUT UP AND LISTEN

¹⁹My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, ²⁰because human anger does not produce the righteousness that God desires. ²¹Therefore, get rid of all moral filth and the evil that is so prevalent and humbly accept the word planted in you, which can save you.

²⁶Those who consider themselves religious and yet do not keep a tight rein on their tongues deceive themselves, and their religion is worthless.

– James 1:19-21, 26

PRINCIPLES FOR WISELY ENGAGING OTHERS

- _____ and _____

¹⁵The way of fools seems right to them, but the wise listen to advice.

– Proverbs 12:15

¹³To answer before listening—that is folly and shame.

– Proverbs 18:13

- _____ your response

¹⁹A hot-tempered person must pay the penalty; rescue them, and you will have to do it again.

– Proverbs 19:19

¹⁶Fools show their annoyance at once, but the prudent overlook an insult.

– Proverbs 12:16

- _____ the _____ and _____ that _____ your soul
- _____ to the _____ of _____ that _____ your soul
- _____ your _____ carefully

³*Those who guard their lips preserve their lives, but those who speak rashly will come to ruin.*

– Proverbs 13:3

²⁰*Do you see someone who speaks in haste? There is more hope for a fool than for them.*

– Proverbs 29:20

ADDITIONAL NOTES

DIGGING DEEPER

1. Why is it frustrating to talk to someone who never genuinely listens to what you have to say?
2. Why is listening such an important part of relationships?
3. Why does “speaking without thinking” usually get us into trouble?
4. What do Proverbs 12:15, 13:3, 29:20, and 18:13 tell us about listening and thinking before speaking?
5. What is the difference between human anger and godly anger?
6. Why are we often so quick to respond in anger?
7. Why is it necessary to accept God’s Word with humility?
8. Which of these three—not being a good listener, speaking without thinking, or being quick tempered—do you struggle with the most? Which of these three do you struggle with the least?
9. How can you apply this week’s message to your life?