



LORD, TEACH US TO PRAY

MESSAGE NOTES & DISCUSSION GUIDE

WEEK 7 – LEAD US NOT...BUT DELIVER US

⁹This, then, is how you should pray:

*Our Father in heaven, hallowed be your name,
¹⁰your kingdom come, your will be done,
on earth as it is in heaven.*

¹¹Give us today our daily bread.

*¹²And forgive us our debts,
as we also have forgiven our debtors.*

*¹³And lead us not into temptation,
but deliver us from the evil one.*

– Matthew 6:9-13 (NIV)

FOUR TRUTHS ABOUT TEMPTATION AND DELIVERANCE

1. Temptation _____ with our Heavenly Father

¹³When tempted, no one should say, “God is tempting me.” For God cannot be tempted by evil, nor does he tempt anyone; ¹⁴but each person is tempted when they are dragged away by their own evil desire and enticed. ¹⁵Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.

– James 1:13-15 (NIV)

¹³No temptation has overtaken you except what is common to mankind...

– 1 Corinthians 10:13a (NIV)

2. Temptation will _____ you

⁸Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. ⁹Resist him, standing firm in the faith, because you know that the family of believers throughout the world is undergoing the same kind of sufferings.

– 1 Peter 5:8-9 (NIV)

¹³And God is faithful; he will not let you be tempted beyond what you can bear.

– 1 Corinthians 10:13b (NIV)

3. Temptation doesn't have to _____ you

¹⁴but each person is tempted when they are dragged away by their own evil desire and enticed. ¹⁵Then, **after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.**

– James 1:14-15 (NIV)

¹³But when you are tempted, he will also provide a way out so that you can endure it.

– 1 Corinthians 10:13c (NIV)

4. Temptation can be _____ through God's deliverance

⁹How can a young person stay on the path of purity? By living according to your word.

¹⁰I seek you with all my heart; do not let me stray from your commands. ¹¹I have hidden your word in my heart that I might not sin against you.

– Psalm 119:9-11 (NIV)

¹⁶In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. ¹⁷Take the helmet of salvation and the sword of the Spirit, which is the word of God.

¹⁸And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.

– Ephesians 6:16-18 (NIV)

DIGGING DEEPER:

1. Why do we often succumb to temptation in our lives?
2. Why is it important to understand that God is not behind any temptation to sin?
3. Where does temptation come from?
4. How do our desires impact temptation?
5. How can knowing temptation will occur prepare you to win the battle against it?
6. How is Satan described in 1 Peter 5:8-9? How can we overcome him?
7. What does it mean that temptation doesn't have to overpower you?
8. What does it mean in 1 Corinthians 10:13 that God will not allow you to be tempted "beyond what you can bear"?
9. What does it mean that God provides a way out from temptation?
10. How can knowing and applying God's Word help us live a life free from sin?
11. How can God's Word be a weapon against temptation and Satan's attacks?
12. What are some ways that you have found to be effective in battling temptation in your own life?