



I'VE GOT QUESTIONS

MESSAGE NOTES & SMALL GROUP DISCUSSION GUIDE WEEK 2 – WHY DO CHRISTIANS FEAR?

²³ Then he got into the boat and his disciples followed him. ²⁴ Suddenly a furious storm came up on the lake, so that the waves swept over the boat. But Jesus was sleeping. ²⁵ The disciples went and woke him, saying, “Lord, save us! We’re going to drown!”

²⁶ He replied, “You of little faith, why are you so afraid?” Then he got up and rebuked the winds and the waves, and it was completely calm.

²⁷ The men were amazed and asked, “What kind of man is this? Even the winds and the waves obey him!”

– Matthew 8:23-27 (NIV)

- Fear is a _____ phenomenon.

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- The stronger you _____ the smaller your _____.

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- The stronger you _____ the smaller your _____.

Then he got up and rebuked the winds and the waves, and it was completely calm.

- Trust the _____ instead of fearing the _____.

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ADDITIONAL NOTES:

DIGGING DEEPER

1. The truth is, we are all afraid of something! What is your phobia or fear?
2. Have you ever overcome a fear in your life? How did you do it, and how did it make you feel?
3. What do you fear and how does it affect the way you live? Does it lead to anger, worry, anxiety, or attempts to control others?
4. Is there something God has commanded from his Word that you are fearful to do?
5. Why are you fearful? What truth about God gives you courage in the midst of fear?
6. Often, we fear when we don't honestly believe that God is in control. Has there been a time in your life when you doubted that the Lord was in control, but he proved he was?
7. Often, we fear when we don't like what God is doing in our lives. Has there been a time when the Lord allowed something in your life that you didn't want or like? How did you get through it, and what was the result?
8. How would a renewed fear (awe, reverence) of the Lord encourage you to walk in a manner worthy of the gospel? (Eph. 4:1, Col. 1:10, 1 Thess. 2:12)